

Rock Climbing Courses in Scotland



Highlights

Learn to climb or just hone in on your skills on these personally tailored rock climbing courses in Scotland. With an instructor who is well trained in navigation, mountaineering and roped climbing and other aspects of the sport, you can mix and match skills that you want to work on and leave a more skillful climber.

These tailor made rock climbing courses allow you to hone your rock climbing skills on courses based from Aberfeldy, Scotland. Aberfeldy is a small and quaint Scottish trading town which offers excellent climbing in the surrounding area. Closeby mountains include the Ben Lawers range, the Tarmachan Ridge and Schiehallion. It's also centrally located which gives accessibility to lowland crags giving plenty of choices whatever the weather!

Rock climbing is a great outdoor sport which uniquely combines quick problem solving and kinesthetic finesse. The rock climbing courses are all led by Ryan, a mountaineering and climbing expert, who will tailor the activity to your ability and will ensure that you work at a pace that you are comfortable with. If you are a beginner, time will be spent talking you through the techniques, rope skills and equipment before having a chance at getting stuck in with the climbing. If you are more experienced, there are also courses covering learning to lead, anchors & top ropes and intro to multi pitch.

Is it for me?

Ryan tailor-makes all of his courses and so people of all abilities with an interest in rock climbing should consider them. However, even elementary rock climbing is not particularly easy. It takes quite a bit of both upper arm and leg strength and you should be able to pull your weight up in some capacity. Also, although this activity in this environment is fairly safe, you should expect to get some minor scrapes and bruises from the rocks during the day.

Accommodation

Accommodation and food are not included in the price. However, Ryan can provide you with recommendations for accommodation ranging from budget hostels, to quaint country homes, to luxurious hotels. Just ask!

Itinerary

All of the tours are tailor made, but a sample course might look like this;

Day 1: Single Pitch Trad Climbing at Tulliemet

You will start the course at this single pitch trad cliff - a perfect venue to build confidence while climbing and get to grips with belaying, removing gear and seconding. Part of the day you will spend looking at rope systems for rigging top rope setups.

Day 2: Introduction to Multi-Pitch Climbing at Dunkeld

You will head to Polney Crag which has some excellent 2 pitch climbs and is the perfect venue for learning the skills for multi-pitch climbing. You will climb 3 multi-pitch routes between VD and Severe standard while learning

Prices from

70 GBP (1 day) per person

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about gear placement, multi-pitch belay stances, ropework and descent from climbs by abseil.

Day 3: Learning to Lead - Sport Climbing at Bennybeg

You will climb the Bennybeg You will cover movement skills, clipping skills, risk analysis, belaying a second from above and below, onsight climbing and redpointing.

Day 4: Learning to Lead - Trad Climbing at Treprain Law.

You will culminate the course by putting together the skills learned over the past 3 days and leading some nut and cam protected climbs.

Details

Getting there

You can reach Aberfeldy by car. If you are coming by train, the nearest station is Dunkeld & Birnam, which is about 12 miles away.

Price includes

All instruction and guiding, technical equipment (ropes, harnesses, helmets, climbing hardware, travel to and from the crags)

Price details

Individual instruction £130 per day

1 instructor: 2 clients £70 per person per day

1 instructor: 3 clients £60 per person per day

1 instructor: 4-6 clients £50 per person per day

Available

Jan—Dec

Typical Duration

2 days - 6 days

Experience required

A reasonable level of fitness and interest is all that is needed