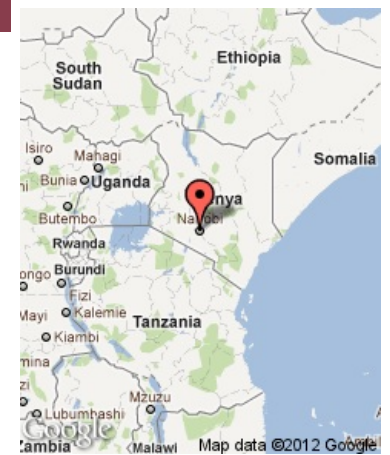


Cycling in Kenya & Tanzania



Highlights

East Africa offers some of the world's most spectacular scenery and an incredible range of wildlife. This 16-day trip sees you cycling in Kenya and Tanzania, from Nairobi to Dar es Salaam and is a fantastic way to appreciate the beauty and discover the culture of this colourful region.

Kenya and Tanzania are two of the most popular destinations for people wishing to sample the delights of Africa, and deservedly so. You will be amazed by the diversity of this region as you cycle through mountain rainforest, savannah desert and tropical coastline. You will be taken well off the beaten track; travelling on small dirt tracks into the remotest parts of these lands, where you will meet local villagers and tribesmen. The tour is a great opportunity for nature lovers to spot zebra, lions and more. Night time offers the chance to gaze at the stars as you camp underneath the cloudless sky.

The tour begins with you cycling in Kenya's vibrant capital, Nairobi. You will be taken off the main roads, allowing you to admire some awe-inspiring scenery. Amboseli National Park is famed for being the best place in Africa to get close to free-ranging elephants; Ngorongoro Crater, the main feature of a UNESCO Heritage Site, is home to the "big five" of rhinoceros, lion, leopard, elephant and buffalo. Two game parks are also included en route to your final destination, Dar es Salaam. Known as the 'House of Peace', the largest city in Tanzania is an excellent hang-out to recount your recent adventure.

Is it for me?

This tour is not exclusively for health junkies or expert mountain bikers, however a good level of fitness is recommended and any off road biking experience will come in handy. Having said that you will be accompanied by a support vehicle which not only carries your luggage, but will also offer you a lift if you're really struggling up one of the steeper inclines. If you're willing to tolerate a small level of discomfort and you have a sense of adventure then this is for you!

Accommodation

Food and accommodation are included in the price of the tour. You'll spend one night in a hotel twin-room, whilst the remaining 14 nights are spent camping in single or double tents. For those pining for a bit of luxury some of the campsites offer the chance to swap your tent for a bedroom at your own expense. You'll receive three meals a day, starting from dinner on Day 1 until breakfast on Day 16. This excludes two lunches and two dinners, when you will be given the opportunity to sample the local cuisine at your own expense. Snacks and water are available throughout the bike ride.

Details

Price includes

The trip is 100% vehicle supported. Their trusty support vehicle carries all your luggage, helps you up those hills (if you like) and always has lunch, snacks and water at hand.
Two Game parks included, Amboseli National Park (Kenya) and Tarangire National park (Tanzania) included.

Price details

A local payment of USD\$300 also applies.

Prices from

2,203 GBP (16 days) per person

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If you need to hire a bike it costs USD\$200.

Comfort level

Down to earth (hostels, camping, huts)

Experience required

Some previous experience is needed


Travellers should bring

Personal gear only. Gear list supplied on booking

Reviews (1)

Reviews of this experience

“ An excellent trip with a unique way to experience countries like Tanzania and Kenia. Every day is different, with a different scenery, but also sufficient time to do the other holiday things like safari's and reading a book. ”

 jacobus pepping reviewing Cycling in Kenya & Tanzania